

PATH

TO THE FUTURE

Navigating Prom and Graduation Season with your Teenager

Start

It's that time of the year: parties, graduations, and new experiences. Help your teen navigate all of these milestones responsibly.

STOP 1

College Visits and Orientation

Binge drinking among college students continues to decline, decreasing 17 percent from 1991 to 2014.

WHAT CAN PARENTS DO?

Check In — When your teen goes to college, send texts and photos. Ask open ended questions.

STOP 2

Prom and Spring Formals

58% of twelfth graders report they consumed alcohol in the past year.

WHAT CAN PARENTS DO?

Be Honest — your teens may ask you about your own experiences with alcohol and partying. Explain to them what you've learned. This will give them the confidence to come to you again.

STOP 3

Senior Trips

One in four (23%) American youth ages 12 to 20 currently drink alcohol.

WHAT CAN PARENTS DO?

Practice Tough Decision Making — Present your teens with this data, suggest hypothetical situations, and ask them how they'd deal.

STOP 4

Graduation Parties

Fifty-three percent of current underage drinkers reported family and friends as their source for the alcohol they consumed.

WHAT CAN PARENTS DO?

Be a Role Model — Take every opportunity to model safe behavior while drinking, socializing, and driving. Your teens pay more attention than you realize.

STOP 5

Summer Fun

Nearly one in six high school seniors report binge drinking, however, nearly half perceive the behavior to be a great risk.

WHAT CAN PARENTS DO?

Plan Ahead — Make sure your teen has a safety plan including designated drivers, contact numbers and alternative transportation.

STOP 6

Conclusion

Help your teen understand that underage drinking is dangerous, irresponsible, and illegal. Parents, you're not done yet.

Learn More About Your Journey [Here](#)

CLICK TO VISIT OUR SOCIAL MEDIA CHANNELS